

## BARTS Medical Support Requirements for Alpine Disciplines

### Medical Services required from Event Organisers

The health and safety of all those involved in an alpine ski competition is a primary concern of all Event Organisers. This includes the competitors, officials, volunteers, course workers and spectators.

The specific composition of the medical support system is dependent on several variables:

- The size and level of the event being held
- The venue
- The estimated number of competitors, support staff and spectators
- The scope of responsibility for the Event Medical Organisation (competitors, support staff, spectators) should also be determined.

PLEASE NOTE: For the completion of all the tables in this document, an example form is available to consult. This form is available to download from [www.gbski.com](http://www.gbski.com) , as are blank versions of this form.

### Personnel/Staff

Specific job descriptions with requirements should be created according to the specific requirements of the event.

<b>The Organising Committee</b> must ensure that emergency medical services are available for each official day of training and competition.	Establishes an evacuation plan for injured athletes, officials and spectators -from site of injury to initial triage to hospital or trauma centre if indicated
A <b>medical plan</b> conforming to SSGB requirements should be prepared. The detailed form below should be completed to identify the plan.	Secures availability of all necessary facilities, resources and personnel to support evacuation plan.
A <b>First Aid area</b> close to competition area should be established for initial triage and minor issues for competitors, officials and spectators, with staff trained in emergency techniques.	Creates a back up plan/system that could be operational if one or more major evacuation is utilised
A <b>back up plan</b> must be available to allow for the recommencement of the official training or competition.	Defines specifically the personnel roles and responsibilities and communicates these clearly to all parties involved.
<b>Technical Delegate</b> (TD) Confirms with the Event Organising Committee (OC) that the required rescue facilities are in place before starting official training or competition	Publishes the emergency plan (see below) before the first official training.
<b>First Aid Team</b> <i>This role could be taken on by external first aiders eg St John or suitable qualified venue staff. The numbers/staffing will be determined by the nature and course of the event, including replacement in the case of an incident so as to not delay the competition.</i>	Supports the T D with the recording of all incidents that occur during official training and competition with the completion of the FIS Injury Report for each athlete injury
Act as first responders to an injured athlete, officials or spectators	<b>Information to be published</b>
Place themselves so that they always have the race course in view and/or be in contact by radio with the on course medical or race director (CoR)	Responsible First Aid group eg St John or Slope staff or .....
<b>Event Medical Director</b> <i>This role could be taken on by Chief of Champs or Race, local doctor, or person normally in charge of these arrangements (Venue Chief First Aider etc). Much of this section is part of normal planning for events.</i>	<b>Evacuation protocols</b> for each level of injury from course with criteria for external specialist transport/ambulance.
Directs and coordinates all medical services provided at the event. This person may be a member of the Organising Committee and will report to the committee regarding medical issues with the event. This individual should be competent in managing health and safety.	Contact for Event Medical Director
Outlines facilities and resources required for the event	<b>Details</b> of local available medical services to include the phone contact and address for location. This information should include:- local medical clinics, physicians, dental offices, pharmacies and hospital.

### MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

**THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.**

Event Venue	Alpine Snowsports Centre, Aldershot, GU11 2DD	CoR	
Event Dates	21 <sup>st</sup> September 2024	Event Status	<b>ESSKIA Regional Qualifier 2024</b>
Event Doctor <i>(if appropriate)</i>	N/A	Phone: N/A	
First Aid provided by name:	Alpine Sports Centre	First aider	
Local Surgery or NHS 'walk-in' centre <i>(if appropriate)</i>	<p><b>Address:</b> Woking Walk-in Centre, Heathside Road, Woking, Surrey. GU22 7HS  <b>Phone:</b> 01483 846209  <b>From Venue:</b> 30min ( 12 miles) with car  <b>Directions:</b>            At the bottom of Gallwey Road go left then immediately right into Government Road. At the Roundabout go right onto Lakeside Road. Take the B3411, then the A234, then the B380 towards Woking. From the B380 turn right into Hill View Road, left into White Lane and then left into Heathside Road. Walk-in Centre is on your left.</p>	<b>Level of Care: MINOR INJURIES, THEY DO HAVE X-RAY FACILITIES</b>	
Hospital	<p><b>Address:</b> Royal Surrey County Hospital Emergency Department. Egerton Road, Guildford, GU2 7XX.  <b>Phone: 01483 571122</b>  <b>From Venue:</b> 18 min ( 10 miles) with ambulance/car  <b>Directions:</b>            Turn right out of Gallwey Road onto Ordinance Road, then left onto North Lane. Take the A323, then the A331 towards the A31. From the A31 join the A3 and then take the next exit from the A3 and follow signs for A&amp;E.</p>	<b>Level of Care: A&amp;E FACILITIES WITH A SEPARATE PAEDIARTIC A&amp;E. MAJOR TAURMA CENTRE.</b>	

Pharmacy	<p><b>Address:</b> Aldershot Pharmacy 17-21 High Street, Aldershot. GU11 1BH <b>Phone: 01252 333200</b> <b>From Venue: 7 mins. (2 miles) by car</b> <b>Directions:</b> Turn right out of Gallwey Road onto Ordinance Road, then left onto North Lane. At the first roundabout on North Lane turn right onto Redan Road. At the end of Redan Road turn right onto the A323. Go over one roundabout, at the second roundabout take the third exit to the High Street, the Pharmacy is on your left on this road.</p>	Level of Care: Self medicatiojn
Slope patrol	In contact by Radio	Slope patrol on-site during racing at the bottom of the slope and in the reception area
Ambulance	In contact by phone <b>999</b> or via Snowsport Centre.	Location: Royal Surrey Hospital Guildford From Venue: 18 minutes 10 miles
Slope accident Protocol	<p>First aid located at bottom of slope and in Snowsports Centre.</p> <p>In contact by: Radio</p>	<ol style="list-style-type: none"> <li>1. First Aid located at the bottom of the slope.</li> <li>2. Snowsport Centre carries first aid supplies.</li> <li>3. In the event of an accident racing will be suspended.</li> <li>4. First Aider will assess the injured racer. <i>(Advice based on acuity of injury and consultation with parent/coach.)</i></li> <li>5. If the slope can be cleared the Chief of Race can restart the race</li> <li>6. If unable to move racer next level response can be requested from the Snowsport Centre Duty Manager - call ambulance if necessary.</li> <li>7. The Chief of Race can restart the race but only if First Aider is present prior to commencement.</li> <li>8. Timing hut can be used as a screened area if necessary.</li> <li>9. Chief of Race completes accident form or notes on report.</li> </ol>
Crowd / Public Protocol <i>Only if different from above</i>	<p>First aid located at:</p> <p>In contact by:</p>	All as above
Back-up plan	Staff at the Snowsport Centre have basic first aid.	

Defibrillator Equipment	Is there a Defibrillator (AED) on site?	Yes
	Where is it located?	In Snowsport Centre Reception
	Is there a person on site trained to use the equipment?	Yes
	If not on site, nearest Defibrillator located at:	N/A

The Medical arrangements fully meet the criteria for BARTS competitions				No
Description	Yes/No	Complies fully with Rule 1? Y/N	Degree of compliance 1-5 (where 5 = fully in place)	If not fully complied, reason
Medical Cover		No	3	Doctor not present. It is a tech race and a hospital is close by.
Signed:	Nicola Weeks	Race Secretary		Date: 6 September 2024

*The plan should be discussed on setting up contract with venue and prior to publication of Acceptance Bulletin.  
The document should be agreed and signed by Chief of Race/Medical Director/Chief of Championships plus TD (if applicable).  
Please email completed forms to sponsoring constituent group.*