

BARTS Medical Support Requirements for Alpine Disciplines

Medical Services required from Event Organisers

The health and safety of all those involved in an alpine ski competition is a primary concern of all Event Organisers. This includes the competitors, officials, volunteers, course workers and spectators.

The specific composition of the medical support system is dependent on several variables:

- The size and level of the event being held
- The venue
- The estimated number of competitors, support staff and spectators
- The scope of responsibility for the Event Medical Organisation (competitors, support staff, spectators) should also be determined.

PLEASE NOTE: For the completion of all the tables in this document, an example form is available to consult. This form is available to download from www.gbski.com , as are blank versions of this form.

Personnel/Staff

Specific job descriptions with requirements should be created according to the specific requirements of the event.

The Organising Committee must ensure that emergency medical services are available for each official day of training and competition.	Establishes an evacuation plan for injured athletes, officials and spectators -from site of injury to initial triage to hospital or trauma centre if indicated
A medical plan conforming to SSGB requirements should be prepared. The detailed form below should be completed to identify the plan.	Secures availability of all necessary facilities, resources and personnel to support evacuation plan.
A First Aid area close to competition area should be established for initial triage and minor issues for competitors, officials and spectators, with staff trained in emergency techniques.	Creates a back up plan/system that could be operational if one or more major evacuation is utilised
A back up plan must be available to allow for the recommencement of the official training or competition.	Defines specifically the personnel roles and responsibilities and communicates these clearly to all parties involved.
Technical Delegate (TD) Confirms with the Event Organising Committee (OC) that the required rescue facilities are in place before starting official training or competition	Publishes the emergency plan (see below) before the first official training.
First Aid Team <i>This role could be taken on by external first aiders eg St John or suitable qualified venue staff. The numbers/staffing will be determined by the nature and course of the event, including replacement in the case of an incident so as to not delay the competition.</i>	Supports the T D with the recording of all incidents that occur during official training and competition with the completion of the FIS Injury Report for each athlete injury
Act as first responders to an injured athlete, officials or spectators	Information to be published
Place themselves so that they always have the race course in view and/or be in contact by radio with the on course medical or race director (CoR)	Responsible First Aid group eg St John or Slope staff or
Event Medical Director <i>This role could be taken on by Chief of Champs or Race, local doctor, or person normally in charge of these arrangements (Venue Chief First Aider etc). Much of this section is part of normal planning for events.</i>	Evacuation protocols for each level of injury from course with criteria for external specialist transport/ambulance.
Directs and coordinates all medical services provided at the event. This person may be a member of the Organising Committee and will report to the committee regarding medical issues with the event. This individual should be competent in managing health and safety.	Contact for Event Medical Director
Outlines facilities and resources required for the event	Details of local available medical services to include the phone contact and address for location. This information should include:- local medical clinics, physicians, dental offices, pharmacies and hospital.

MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.

Event Venue	Norfolk Snowsports Club	CoR	Taryn Archbold / Mark Vernon
Event Dates	12 / 13 October 2024	Event Status	ESSKIA Dryslope Finals 2024 ESSKIA Open Championships 2024
Event Doctor <i>(if appropriate)</i>	N/A	Phone: N/A	
First Aid provided by name:	Alpine Sports Centre	First aider	
Local Surgery or NHS 'walk-in' centre <i>(if appropriate)</i>	<p>Address: NHS Walk in Centre, Rouen House, Rouen Rd, Norwich NR1 1RB</p> <p>Phone: 01603 677500</p> <p>From Venue: 5min / 1.5miles by car</p> <p>Directions: Turn left from snowsports club, right at first junction. At roundabout bear right signposted City Centre and continue, take first right onto Koblenz Avenue and bear left onto Rouen Rd before bridge.</p>	Level of Care: Basic First Aid	
Hospital	<p>Address: Norfolk and Norwich University Hospitals NHS Foundation Trust. Colney Lane, Norwich, NR4 7UY</p> <p>Phone: 01603 286286</p> <p>From Venue: 15 min (6 miles) with ambulance/car</p> <p>Directions: Turn left from snowsports centre, right at first junction. At roundabout follow signs for A47 westbound. Signposted exit at A11 junction. Follow signs.</p>	Level of Care: A&E FACILITIES	
Pharmacy	<p>Address: Boots, Riverside Retail Park, NR1 1WR</p> <p>Phone: 01603 662894</p> <p>From Venue: 6 mins. (1.5 miles) by car</p> <p>Directions: Turn left from snowsports club, right at first junction. At roundabout</p>	Level of Care: Self medication	

	bear right signposted City Centre and continue, take first right onto Koblenz Avenue and bear right onto bridge towards stadium, turn left after stadium.	
Slope patrol	Staff on site	Slope patrol on-site during racing at the bottom of the slope and in the reception area
Ambulance	In contact by phone 999 or via Snowsport Centre.	Location: Norwich Hospital From Venue: 15 minutes 6 miles
Slope accident Protocol	Paramedic will be located on slope, halfway up slope on right hand side In contact by: Radio & PA	1. Paramedic to attend victim and assess 2. In the event of an accident racing will be suspended. 3. Victim to be moved to first-aid area in clubhouse if able, otherwise await ambulance and stretcher (Advice based on acuity of injury and consultation with parent/coach.) 4. If the slope can be cleared the Chief of Race can restart the race provided paramedic confirms ability to continue to provide first-aid cover 5. Chief of Race completes accident form or notes on report.
Crowd / Public Protocol <i>Only if different from above</i>	First aid located at: As above In contact by:	All as above
Back-up plan		If primary first-aid has to attend incident, race can continue if course is clear and first aider available to continue
Defibrillator Equipment	Is there a Defibrillator (AED) on site? Where is it located? Is there a person on site trained to use the equipment? If not on site, nearest Defibrillator located at:	Yes Main office by reception Yes N/A
The Medical arrangements fully meet the criteria for BARTS competitions		No

Description	Yes/No	Complies fully with Rule 1? Y/N	Degree of compliance 1-5 (where 5 = fully in place)	If not fully complied, reason
Medical Cover	Yes	No	3	Doctor not necessary. Technical competition in controlled environment. Paramedic provided by ROC on slope throughout. Hospital within 15 minutes.
Signed:	David Burns	Race Secretary on behalf of CORs	Date: 6 October 2024	

*The plan should be discussed on setting up contract with venue and prior to publication of Acceptance Bulletin.
The document should be agreed and signed by Chief of Race/Medical Director/Chief of Championships plus TD (if applicable).*
Please email completed forms to sponsoring constituent group.