## **BARTS Medical Support Requirements for Alpine Disciplines**

## Medical Services required from Event Organisers

The health and safety of all those involved in an alpine ski competition is a primary concern of all Event Organisers. This includes the competitors, officials, volunteers, course workers and spectators.

The specific composition of the medical support system is dependent on several variables:

- The size and level of the event being held
- The venue
- The estimated number of competitors, support staff and spectators
- The scope of responsibility for the Event Medical Organisation (competitors, support staff, spectators) should also be determined.

PLEASE NOTE: For the completion of all the tables in this document, an example form is available to consult. This form is available to download from <a href="https://www.gbski.com">www.gbski.com</a>, as are blank versions of this form.

## Personnel/Staff

Specific job descriptions with requirements should be created according to the specific requirements of the event.

The Organising Committee must ensure that emergency medical services are available for each official day of training and competition.	Establishes an evacuation plan for injured athletes, officials and spectators -from site of injury to initial triage to hospital or trauma centre if indicated
A medical plan conforming to SSGB requirements should be prepared. The detailed form below should be completed to identify the plan.	Secures availability of all necessary facilities, resources and personnel to support evacuation plan.
A First Aid area close to competition area should be established for initial triage and minor issues for competitors, officials and spectators, with staff trained in emergency techniques.	Creates a back up plan/system that could be operational if one or more major evacuation is utilised
A back up plan must be available to allow for the recommencement of the official training or competition.	Defines specifically the personnel roles and responsibilities and communicates these clearly to all parties involved.
Technical Delegate (TD) Confirms with the Event Organising Committee (OC) that the required rescue facilities are in place before starting official training or competition	Publishes the emergency plan (see below) before the first official training.
First Aid Team This role could be taken on by external first aiders eg St John or suitable qualified venue staff. The numbers/staffing will be determined by the nature and course of the event, including replacement in the case of an incident so as to not delay the competition.	Supports the T D with the recording of all incidents that occur during official training and competition with the completion of the FIS Injury Report for each athlete injury
Act as first responders to an injured athlete, officials or spectators	Information to be published
Place themselves so that they always have the race course in view and/or be in contact by radio with the on course medical or race director (CoR)	Responsible First Aid group eg St John or Slope staff or
Event Medical Director This role could be taken on by Chief of Champs or Race, local doctor, or person normally in charge of these arrangements (Venue Chief First Aider etc). Much of this section is part of normal planning for events.	<b>Evacuation protocols</b> for each level of injury from course with criteria for external specialist transport/ambulance.
Directs and coordinates all medical services provided at the event. This person may be a member of the Organising Committee and will report to the committee regarding medical issues with the event. This individual should be competent in managing health and safety.	Contact for Event Medical Director
Outlines facilities and resources required for the event	Details of local available medical services to include the phone contact and address for location. This information should include:- local medical clinics, physicians, dental offices, pharmacies and hospital.

## MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.

Event Venue	Pendle Ski Club Clitheroe Road Sabden Clitheroe Lancashire BB7 9HN	CoR	
Event Dates	22nd September 2024	Event Status	ESSKIA Regional Qualifier 2024
Event Doctor (if appropriate)	N/A	Phone: N/A	•
First Aid provided by name:	Pendle Ski Slope	First aider	

Local Surgery or NHS 'walk-in' centre (if appropriate)	Address: Burnley General Teaching Hospital. Urgent Care Centre Casterton Avenue/Briercliffe Road Burnley BB10 2PQ  Tel: 01282 425071 From Venue: 19 mins with car Directions: Start Pendle Ski Club Ltd Clitheroe Rd, Sabden, Clitheroe BB7 9HN Drive from Clitheroe Rd, Sabden Rd, Barrowford Rd/A6068 and Greenhead Ln to Burnley 19 min (8.7 mi) Head south-east on Clitheroe Rd towards Top Row 1.2 mi Continue onto Padiham Rd 0.7 mi Padiham Rd turns slightly right and becomes Sabden Rd 1.1 mi Turn left towards Higham Rd 141 ft Turn left onto Higham Rd 0.2 mi Turn left onto Barrowford Rd/A6068 2.4 mi Turn right onto Greenhead Ln 1.3 mi Continue onto Barden Ln 0.6 mi Turn left onto Windermere Ave 0.4 mi Continue onto Casterton Ave/A6114 0.5 mi At the roundabout, take the 3rd exit onto Briercliffe Rd 0.2 mi Drive to your destination 1 min (0.1 mi) Burnley General Teaching Hospital Casterton Ave, Burnley BB10 2PQ	Level of Care: MINOR INJURIES, THEY DO HAVE X-RAY FACILITIES
Hospital	Royal Blackburn Teaching Hospital Haslingden Road Blackburn BB2 3HH  Tel: 01254 263555 From Venue: 24 minutes by car. Start: Pendle Ski Club Ltd Clitheroe Rd, Sabden, Clitheroe BB7 9HN	Level of Care: A&E FACILITIES WITH A SEPARATE PAEDIATRIC A&E.  MAJOR TRAUMA CENTRE.

	<u> </u>	
	Take Clitheroe Rd and Sabden Rd to A6068 in Padiham 8 min (3.3 mi) Take M65 to A6077 in Blackburn with Darwen. Take exit 5 from M65 12 min (9.5 mi) Continue on A6077. Drive to Old Bank Ln in Blackburn 4 min (1.2 mi) Royal Blackburn Teaching Hospital Haslingden Rd, Blackburn BB2 3HH	
Pharmacy	NELSON PHARMACY 41 EVERY STREET NELSON LANCASHIRE BB9 7LU Telephone Phone 01282 615041 From Venue: 17 mins by car Pendle Ski Club Ltd Clitheroe Rd, Sabden, Clitheroe BB7 9HN Take Clitheroe Rd, Sabden Rd and Barrowford Rd/A6068 to Pendle St in Nelson 17 min (8.4 mi) Drive to Pendle St 32 sec (449 ft) Nelson Pharmacy 41 Every St, Nelson BB9 7LU	Level of Care: Self medication
Slope patrol	In contact by Radio	Slope patrol on-site during racing at the bottom of the slope and in the club area
Ambulance	In contact by phone 999 or via the club house.	Location: Royal Blackburn Hospital From Venue: 18 minutes 10 miles
Slope accident Protocol	First aid located in the clubhouse.  In contact by: Radio	<ol> <li>1.First Aid located at the bottom of the slope.</li> <li>2. Snowsport Centre carries first aid supplies.</li> <li>3. In the event of an accident racing will be suspended.</li> <li>4. First Aider will assess the injured racer.</li> <li>(Advice based on acuity of injury and consultation with parent/coach.)</li> <li>5. If the slope can be cleared the Chief of Race can restart the race</li> </ol>

		<ul> <li>6. If unable to move racer next level response can be requested from the Clubhouse Duty Manager - call ambulance if necessary.</li> <li>7. The Chief of Race can restart the race but only if First Aider is present prior to commencement.</li> <li>8 Timing hut can be used as a screened area if necessary.</li> <li>9. Chief of Race completes accident form or notes on report.</li> </ul>
Crowd / Public Protocol Only if different from above	First aid located at: In contact by:	All as above
Back-up plan	Staff at the clubhouse have basic first aid.	
Defibrillator Equipment	Is there a Defibrillator (AED) on site?  Where is it located?	No
	Is there a person on site trained to use the equipment?	Higherford Residents Action Group Available times 24/7 Access typePublic
	If not on site, nearest Defibrillator located at:	Available now Directions 10 min walk 0.5 mi 2 min car

The Medical arrangements fully meet the criteria for BARTS competitions			No	
Description	Yes/No	Complies fully with Rule 1? Y/N	Degree of compliance 1-5 (where 5 = fully in place)	If not fully complied, reason
Medical Cover		No		Doctor not present. It is a tech race and a hospital is close by.

Signed:	E L Young	Technical Dele Race/Chief of appropriate	gate/Chief of Champs Delete as	Date:19/09/24	

The plan should be discussed on setting up contract with venue and prior to publication of Acceptance Bulletin.

The document should be agreed and signed by Chief of Race/Medical Director/Chief of Championships plus TD (if applicable).

Please email completed forms to sponsoring constituent group.